

# Report Card for Parents

**Scale:** **A** = Always, or Doing Well    **C** = Seldom, or Needs Some Improvement  
**F** = Never, or Time for Some Serious Change

## My parent...

1) told me they love me in the past week	<b>A</b>	<b>C</b>	<b>F</b>
2) has shown me that they love me in the past week	<b>A</b>	<b>C</b>	<b>F</b>
3) shows me and tell me that I am a priority in their lives by spending time with me	<b>A</b>	<b>C</b>	<b>F</b>
4) knows and takes interest about my friends, my teachers, my life	<b>A</b>	<b>C</b>	<b>F</b>
5) is willing to sit down and listen to whatever I have to talk about	<b>A</b>	<b>C</b>	<b>F</b>
6) is trying to be a better parent to me	<b>A</b>	<b>C</b>	<b>F</b>
7) looks me in the eye when having conversations and is not staring at their computer or phone	<b>A</b>	<b>C</b>	<b>F</b>
8) models good healthy eating strategies	<b>A</b>	<b>C</b>	<b>F</b>
9) models good sleep habits	<b>A</b>	<b>C</b>	<b>F</b>
10) models good use of technology	<b>A</b>	<b>C</b>	<b>F</b>
11) models being trustworthy in their actions	<b>A</b>	<b>C</b>	<b>F</b>
12) trusts me even though I may make mistakes	<b>A</b>	<b>C</b>	<b>F</b>
13) does not always step in and save me from disappointment and/or failure	<b>A</b>	<b>C</b>	<b>F</b>
14) gives me clear expectations of things I need to do around the home (chores, garbage, walk dog etc.)	<b>A</b>	<b>C</b>	<b>F</b>
15) is fair in their expectations of what I need to do	<b>A</b>	<b>C</b>	<b>F</b>
16) is able to admit when they are wrong	<b>A</b>	<b>C</b>	<b>F</b>
17) is able to control their anger	<b>A</b>	<b>C</b>	<b>F</b>
18) gives me advice on important issues in life (drugs, alcohol, pornography, sex, dating, etc.)	<b>A</b>	<b>C</b>	<b>F</b>
19) has fun with by going for a walk, bike ride, out to dinner, movies etc.	<b>A</b>	<b>C</b>	<b>F</b>
20) is ok if I make a decision that is different than they might make	<b>A</b>	<b>C</b>	<b>F</b>
21) models the importance of faith in our home	<b>A</b>	<b>C</b>	<b>F</b>
22) supports my faith in God	<b>A</b>	<b>C</b>	<b>F</b>

**If you could have your parents change one thing today what would that be?**

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