

References: What People are saying after a Talk:



Brett is a gifted and dynamic speaker. His direct yet sensitive approach to discussing self injury and suicide contributes tremendously in eliminating stigma attached to mental health issues. Brett provides a practical approach on how to begin the process of healing. He provides resources and encourages connectedness while sending messages of hope to those who are hurting. Every youth, adult, parent, and educator would benefit from attending a session with Brett Ullman.

—**Lana Woytowich, Child and Youth Counsellor, Student Services Department, Durham Catholic District School Board**

If you would like a clear, concise understanding of the issue of Self Harm, you need to attend Brett Ullman's presentation. He is thought provoking, compassionate and leaves you with a sense of hope. Anyone involved with youth should take the time to listen and learn what is impacting this generation and how they can come along side the people they love.

—**Rita Van Halteren, Marriage and Family therapist**

We all thought it was an excellent presentation that clearly outlined the facts and brought an important issue into the light. It made it a lot easier to discuss in class as it can sometimes be a sensitive issue to initiate and the discussions that went on in each class were excellent. Students shared their own thoughts/experiences after hearing what you had to say, which was so great as they probably wouldn't have done that otherwise.

—**Intermediate Teachers, St. Bernadette Catholic School**

Your Story was a straight forward talk that provided a tonne of information without judgement or condemnation. Brett clearly outlined the struggles and hardships that students and their families are facing, but did so without making anyone feel guilty or shameful. It was a very eye opening experience for a number of people, and I have had a lot of positive feedback from a number of different age groups. Your Story started an important discussion on a topic of which many people were either unaware or afraid. I could not recommend it more highly.

—**Tim Teakle, Youth Pastor, Uxbridge Baptist Church**